

What Type of Leader Are You, and Why It Matters

Mastering Leadership Archetypes & Situational Agility

25+ Years
EXECUTIVE LEADERSHIP

1,500+
WORKSHOPS & KEYNOTES

Fortune 1000
PROVEN FACILITATION

WORKSHOP OVERVIEW

This hands-on workshop equips leaders to evaluate their dominant leadership archetype—Autocratic, Democratic, Servant, Coaching, or Transformational—and master situational agility. Participants learn to dynamically adjust their approach depending on team maturity, crisis contexts, and business objectives.

CORE LEARNING PILLARS

1. Leadership Archetype Diagnosis

Complete deep-dive self-assessments to identify your default leadership style, strengths, and hidden blind spots.

2. Situational Agility & Pivot Mastery

Learn when and how to switch between command, coaching, and democratic styles based on project demands.

3. Coaching & Team Empowerment

Develop coaching techniques that elevate direct reports from transactional execution to transformational ownership.

ACTIONABLE OUTCOMES FOR PARTICIPANTS

- **Leadership Archetype Profile:** A comprehensive breakdown of your individual style, complete with blind spot mitigations.
- **Situational Leadership Matrix:** A decision framework for selecting the right leadership style for any scenario or team crisis.
- **High-Impact Coaching Framework:** Tools to conduct developmental 1-on-1s that increase employee engagement and retention.

ABOUT THE FACILITATOR

Dr. Janet Lockhart-Jones is an internationally recognized leadership expert, master facilitator, and executive coach. With 25+ years of experience guiding Fortune 1000 organizations, she transforms complex group dynamics into practical, human-centered execution.

"Sustainable organizational growth occurs when authentic leadership, psychological safety, and strategic action collide."

— DR. JANET LOCKHART-JONES

DELIVERY FORMATS

- **Half-Day Intensive:** 3.5 – 4 hours
- **Full-Day Masterclass:** 6 – 7 hours
- **Two-Day Retreat/Summit:** Immersive deep-dive
- **Audience:** People Managers, Executive Teams, Emerging Leaders, Department Heads

BOOKING & INQUIRIES

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