

AIM your Leadership Workshop

Authenticity, Inclusion, and Mental Wealth™ in Action

25+ Years
EXECUTIVE LEADERSHIP

1,500+
WORKSHOPS & KEYNOTES

Fortune 1000
PROVEN FACILITATION

WORKSHOP OVERVIEW

This immersive, highly interactive workshop transforms the AIM framework into a practical operational blueprint. Participants move beyond high-level theory to actively diagnose team dynamics, dismantle exclusionary behaviors, and construct sustainable Mental Wealth™ practices that elevate retention, psychological safety, and collective performance.

CORE LEARNING PILLARS

1. Operationalizing Authenticity

Identify personal and team leadership core values to foster transparent communication and high-trust work environments.

2. Embedding Inclusive Culture

Practice real-time intervention strategies for microaggressions, unconscious bias, and systemic barriers in daily decision-making.

3. Building Team Mental Wealth™

Establish team agreements and structural boundaries that eliminate burnout and build collective cognitive resilience.

ACTIONABLE OUTCOMES FOR PARTICIPANTS

- **Custom AIM Action Plan:** A personalized roadmap for integrating AIM principles into daily workflows and team management.
- **Bias Intervention Toolkit:** Practical scripts and strategies for navigating difficult conversations and fostering psychological safety.
- **Resilience Protocols:** Actionable habits to maintain high performance under high-stakes organizational pressure.

ABOUT THE FACILITATOR

Dr. Janet Lockhart-Jones is an internationally recognized leadership expert, master facilitator, and executive coach. With 25+ years of experience guiding Fortune 1000 organizations, she transforms complex group dynamics into practical, human-centered execution.

"Sustainable organizational growth occurs when authentic leadership, psychological safety, and strategic action collide."

— DR. JANET LOCKHART-JONES

DELIVERY FORMATS

- **Half-Day Intensive:** 3.5 – 4 hours
- **Full-Day Masterclass:** 6 – 7 hours
- **Two-Day Retreat/Summit:** Immersive deep-dive
- **Audience:** C-Suite, Senior Managers, HR & Talent Leaders, ERG Leads

BOOKING & INQUIRIES

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